

## **NEW TRAINING PROGRAMS IN DANCE MOVEMENT THERAPY In Melbourne, Australia**

### **Graduate Certificate in Dance Movement Therapy (one year part-time)**

### **Graduate Diploma in Dance Movement Therapy (two years part-time)**

These courses will take a broad approach to the study of dance-movement therapy, with models that are used effectively with different client groups studied, including psychotherapy, counselling, developmental theories and movement theories. The courses introduce all essential theories related to the practice of DMT, and students are exposed to a range of approaches currently in use in the field. This ensures that graduates can make choices regarding the direction of their work as dance therapists and apply appropriate methodologies for particular client groups allows. The structure of the courses are unique, but are based on benchmarks from other courses in Australia and overseas.

The Graduate Certificate will provide professional training in the therapeutic application of dance for professionals who wish to augment their current skills. The Graduate Diploma will provide a deeper level of study for those wishing to move towards professional practice in dance movement therapy.

### **Subjects:**

#### **Graduate Certificate**

- Fundamentals of Movement and Dance
- Human Movement and Laban Movement Analysis 1
- Theory and Methods of Dance Movement Therapy 1
- Dance Movement Therapy in Context
- Placement and Professional Practice 1

#### **Graduate Diploma**

- Improvisation in Dance Movement Therapy
- Human Movement and Laban Movement Analysis 2
- Theory and Methods of Dance Movement Therapy 2
- Counselling Skills in Dance Movement Therapy
- Placement and Professional Practice 2

### **Entry requirements:**

#### **Graduate Certificate**

An undergraduate degree in social sciences, allied health or education, dance or related disciplines or equivalent. Evidence of significant and sustained dance experience, in any dance style or genre, is essential, or comparable experience in other performing arts.

#### **Graduate Diploma**

An undergraduate degree in social sciences, allied health or education, dance or related disciplines or equivalent. Evidence of significant and sustained dance experience, in any dance style or genre, is essential, or comparable experience in other performing arts.

**Cost:** to be advised.

**Class times:** Classes will mostly be held on a full weekday during semester. Other subjects will be run as weekend intensives. Because of the experiential nature of learning in dance-movement therapy, distance learning options are not available.

**Staff:** Dance Movement Therapy Training Group staff are well qualified dance movement therapist practitioners and teachers

**Linda Murrow** Prof Member DTAA, M.A. completed her Masters in Expressive Art in the US, where she became a registered dance movement therapist and subsequently completed post-graduate training in couple and family therapy. She has taught dance therapy at Melbourne University, and played a central role in developing the Masters of Creative Arts Therapy and Graduate Diploma of Dance Therapy at RMIT. Linda currently works for Relationships Australia, teaches at the Phoenix Institute and maintains a private practice.

**Jane Guthrie** Prof. Member DTAA, M.Ed., MCSP; B.App.Sc (Phy); Grad. Dips. Movement and Dance and Rehabilitation Studies, Dance Therapy Cert. (Madden Grove Foundation). Jane is the President of the DTAA (Dance Movement Therapy Association of Australia). She lectured in the dance movement therapy course at RMIT University and runs a private practice as a dance movement therapist. Jane is also a physiotherapist who has used dance movement therapy in physical rehabilitation throughout her career.

**Kim Dunphy** B.A., Grad Dip Movt Dance, M. Ed. Kim's interest in the contribution of dance to community life has played out in diverse roles including those of community artist, therapist and educator. She is co-author of the book *Freedom to Move: movement and dance for people with intellectual disabilities* (Elsevier, 2003). Kim is Vice-President of the Dance-Movement Therapy Association of Australia and has lectured at RMIT, Deakin and Melbourne Universities in dance therapy and dance education. Kim is currently undertaking PhD research examining the role of arts in social change in East Timor.

### **Course commencement and location:**

It is anticipated that the program will commence in early 2011 at a private training institution in inner city Melbourne. The Grad Certificate will be offered in the first year of the program's operation and the Graduate Diploma in the second year. Currently the institution is undertaking the comprehensive registration and accreditation processes with the Australian Qualification Framework. When this is successful, the dance movement therapy courses will seek accreditation also, allowing them recognised as a university level post-graduate qualification. The programs will not be offered until this accreditation is achieved.

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